

**Carlisle/Morecambe - Leeds**

Friday 19 August

<b>Carlisle</b>	<b>d</b>	-	1058	1340	1450	1618	-	1824	-	-	-
<b>Armathwaite</b>	<b>d</b>	-	1112	-	1504	1632	-	1838	-	-	-
<b>Lazonby &amp; Kirkoswald</b>	<b>d</b>	-	1120	-	1511	1639	-	1845	-	-	-
<b>Langwathby</b>	<b>d</b>	-	1126	-	1518	1646	-	1852	-	-	-
<b>Appleby</b>		-	1141	1417	1532	1700	-	1906	-	-	-
<b>Kirkby Stephen</b>		-	1154	1431	1546	1714	-	1920	-	-	-
<b>Garsdale</b>	<b>d</b>	-	1208	-	1559	1727	-	1933	-	-	-
<b>Dent</b>	<b>d</b>	-	1213	-	1604	1732	-	1938	-	-	-
<b>Ribblehead</b>		-	1222	-	1614	1742	-	1948	-	2145	-
<b>Horton In Ribblesdale</b>	<b>d</b>	-	1229	-	1620	1748	-	1954	-	2151	-
<b>Settle</b>		-	1237	1507	1628	1756	-	2002	-	2159	-
<b>Morecambe</b>	<b>d</b>	1031	-	-	-	-	1731	-	2006	-	-
<b>Bare Lane</b>		1035	-	-	-	-	1735	-	2010	-	-
<b>Lancaster</b>		1046	-	-	-	-	1745	-	2030	-	2131
<b>Carnforth</b>		1056	-	-	-	-	1756	-	2040	-	2143
<b>Wennington</b>		1110	-	-	-	-	1809	-	2054	-	2157
<b>Bentham</b>		1116	-	-	-	-	1815	-	2100	-	2202
<b>Clapham (North Yorkshire)</b>		1122	-	-	-	-	1821	-	2106	-	2209
<b>Giggleswick</b>		1132	-	-	-	-	1831	-	2116	-	2218
<b>Long Preston</b>	<b>d</b>	1139	-	-	1634	1802	1839	2008	2123	2205	2226
<b>Hellifield</b>		1142	1244	1514	1637	1805	1842	2011	2126	2208	2228
<b>Gargrave</b>		1150	-	1522	1645	1813	1850	2019	2134	2216	2237
<b>Skipton</b>	<b>a</b>	1157	1259	1528	1654	1821	1858	2027	2141	2225	2244
<b>Skipton</b>	<b>d</b>	1159	1300	1530	1659	1829	1859	2029	2143	2226	-
<b>Cononley</b>		-	-	-	-	-	-	-	-	2231	-
<b>Steeton &amp; Silsden</b>		-	-	-	-	-	-	-	-	2236	-
<b>Keighley</b>	<b>a</b>	1208	1310	1541	1708	1839	1909	2038	2155	2240	-
	<b>d</b>	1209	1310	1541	1709	1839	1909	2039	2155	2241	-
<b>Crossflatts</b>		-	-	-	-	-	-	-	-	2245	-
<b>Bingley</b>		1214	1315	1546	1714	1844	1914	2044	2200	2248	-
<b>Saltaire</b>		-	-	-	-	-	-	-	-	2252	-
<b>Shipley</b>		1219	1320	1551	1720	1850	1920	2051	2206	2255	-
<b>Apperley Bridge</b>		-	-	-	-	-	-	-	-	-	-
<b>Kirkstall Forge</b>		-	-	-	-	-	-	-	-	-	-
<b>Leeds</b>	<b>a</b>	1238	1338	1605	1738	1908	1939	2106	2222	2311	-

	<b>Carlisle</b>	<b>d</b> -
	<b>Armathwaite</b>	<b>d</b> -
	<b>Lazonby &amp; Kirkoswald</b>	<b>d</b> -
	<b>Langwathby</b>	<b>d</b> -
	<b>Appleby</b>	-
	<b>Kirkby Stephen</b>	-
	<b>Garsdale</b>	<b>d</b> -
	<b>Dent</b>	<b>d</b> -
	<b>Ribblehead</b>	-
	<b>Horton In Ribblesdale</b>	<b>d</b> -
	<b>Settle</b>	-
	<b>Morecambe</b>	<b>d</b> -
	<b>Bare Lane</b>	-
	<b>Lancaster</b>	-
	<b>Carnforth</b>	-
	<b>Wennington</b>	-
	<b>Bentham</b>	-
	<b>Clapham (North Yorkshire)</b>	-
	<b>Giggleswick</b>	-
	<b>Long Preston</b>	<b>d</b> -
	<b>Hellifield</b>	-
	<b>Gargrave</b>	-
	<b>Skipton</b>	<b>a</b> -
	<b>Skipton</b>	<b>d</b> 2249
	<b>Cononley</b>	2254
	<b>Steeton &amp; Silsden</b>	2259
	<b>Keighley</b>	<b>a</b> 2303
		<b>d</b> 2303
	<b>Crossflatts</b>	2307
	<b>Bingley</b>	2310
	<b>Saltaire</b>	2314
	<b>Shipley</b>	2317
	<b>Apperley Bridge</b>	2321
	<b>Kirkstall Forge</b>	2326
	<b>Leeds</b>	<b>a</b> 2336

**Leeds - Morecambe/Carlisle**  
Friday 19 August

<b>Leeds</b>	<b>d</b>	0748	0819	0920	1049	1318	1418	1518	1726	1819	1918
<b>Kirkstall Forge</b>		-	-	-	-	-	-	-	-	-	-
<b>Apperley Bridge</b>		-	-	-	-	-	-	-	-	-	-
<b>Shipley</b>		0801	0832	0933	1103	1333	1433	1533	1740	1832	1932
<b>Saltaire</b>		-	-	-	-	-	-	-	-	-	-
<b>Bingley</b>		0806	0837	0938	1107	1337	1438	1537	1745	1837	1937
<b>Crossflatts</b>		-	-	-	-	-	-	-	-	-	-
<b>Keighley</b>	<b>a</b>	0811	0842	0943	1112	1342	1443	1542	1751	1842	1942
	<b>d</b>	0812	0842	0943	1113	1343	1443	1543	1752	1842	1943
<b>Steeton &amp; Silsden</b>		-	-	-	-	-	-	-	1757	-	-
<b>Cononley</b>		-	-	-	-	-	-	-	-	-	-
<b>Skipton</b>	<b>a</b>	0824	0855	0957	1125	1355	1457	1555	1808	1855	1957
<b>Skipton</b>	<b>d</b>	0826	0856	0959	1127	1357	1458	1559	1810	1856	2000
<b>Gargrave</b>		0832	0902	1004	1133	-	1504	1604	1815	1902	2006
<b>Hellifield</b>		0840	0910	1013	1141	1409	1513	1613	1824	1910	2014
<b>Long Preston</b>	<b>d</b>	0843	0913	1015	1144	-	1515	-	1826	1913	2017
<b>Giggleswick</b>		-	0921	-	-	-	1523	-	1834	-	2025
<b>Clapham (North Yorkshire)</b>		-	0929	-	-	-	1531	-	1843	-	2034
<b>Bentham</b>		-	0935	-	-	-	1538	-	1849	-	2040
<b>Wennington</b>		-	0940	-	-	-	1543	-	1855	-	2046
<b>Carnforth</b>		-	0957	-	-	-	1559	-	1915	-	2105
<b>Lancaster</b>		-	1016	-	-	-	1623	-	1940	-	2115
<b>Bare Lane</b>		-	1023	-	-	-	1629	-	1947	-	-
<b>Morecambe</b>	<b>a</b>	-	1027	-	-	-	1633	-	1951	-	-
<b>Settle</b>		0850	-	1022	1151	1417	-	1620	-	1919	-
<b>Horton In Ribblesdale</b>	<b>d</b>	0858	-	1031	1159	1425	-	1629	-	1927	-
<b>Ribblehead</b>		0906	-	1039	1207	1433	-	1637	-	1935	-
<b>Dent</b>	<b>d</b>	0916	-	1048	1217	1443	-	1646	-	1944	-
<b>Garsdale</b>	<b>d</b>	0921	-	1054	1222	1448	-	1652	-	1950	-
<b>Kirkby Stephen</b>		0934	-	1106	1235	1501	-	1704	-	2002	-
<b>Appleby</b>		0948	-	1119	1248	1514	-	1717	-	2015	-
<b>Langwathby</b>	<b>d</b>	1001	-	1132	1302	1528	-	1731	-	2028	-
<b>Lazonby &amp; Kirkoswald</b>	<b>d</b>	1007	-	1138	1308	1533	-	1736	-	2034	-
<b>Armathwaite</b>	<b>d</b>	1015	-	1146	1316	1541	-	1744	-	2042	-
<b>Carlisle</b>	<b>a</b>	1030	-	1201	1331	1602	-	1800	-	2057	-

	Leeds	d	1949
	Kirkstall Forge		-
	Apperley Bridge		-
	Shipley		2002
	Saltaire		-
	Bingley		2007
	Crossflatts		-
	Keighley	a	2012
		d	2012
	Steeton & Silsden		-
	Cononley		-
	Skipton	a	2026
	Skipton	d	2027
	Gargrave		2033
	Hellifield		2042
	Long Preston	d	2044
	Giggleswick		-
	Clapham (North Yorkshire)		-
	Bentham		-
	Wennington		-
	Carnforth		-
	Lancaster		-
	Bare Lane		-
	Morecambe	a	-
	Settle		2050
	Horton In Ribblesdale	d	2059
	Ribblehead		2108
	Dent	d	-
	Garsdale	d	-
	Kirkby Stephen		-
	Appleby		-
	Langwathby	d	-
	Lazonby & Kirkoswald	d	-
	Armathwaite	d	-
	Carlisle	a	-